



# JANUARY

## MONTHLY FOOD BAG MINISTRY

### Sunday Return Dates:

**January 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>**

### CANYON VIEW CHURCH of CHRIST

**NO GLASS CONTAINERS,  
NO EXPIRED FOOD,  
AND NO PERISHABLE FOOD.  
PLEASE!**

Food bags are approximately \$30 worth of food. Please, no bulk items. You can pick up a blue Canyon View, reusable bag to fill (with our name and contact info imprinted).

This is a MONTHLY ministry, where food bags are purchased by church members EVERY month and brought to the church building.

Our goal is **40 bags** each month.

We regularly donate to local low-income schools and military families and they appreciate every bag we give them!

(Sizes are approximate)

- Vegetables 2 cans, 15 oz. each
- Fruit 2 cans, 15 oz. each
- Hearty Soups 2 cans, 18 oz. each
- Pasta Sauce 1 can, 24 oz. (Hunt's brand)
- Tuna 1 can, 12 oz.
- Chicken 1 can, 10 oz.
- Mayonnaise 1 plastic jar, 15 oz.
- Rice, dried 1 lb. bag
- Beans, dried 1 lb. bag
- Pasta 1 box, 16 oz.
- Mac N Cheese 1 box, 7 oz.
- Cereal 1 box, 16 oz.
- Instant Oatmeal 1 variety box, 12 oz.
- Peanut Butter 1 plastic container, 16 oz.
- Jelly 1 plastic container, 20 oz.
- Crackers 1 box, 16 oz.
- Cookies 1 bag, 14 oz.

The Food Bag Ministry is designed so that any member can pick up a filled bag at church to give to families, friends and neighbors who need food for various reasons:

- **Loss/lack of income (most common)**
- **Military families**
- **New baby in the home**
- **New family to your neighborhood**
- **Long-term illness**

**Can't shop, but wish to donate? Please give your donation to Barry Day, or Sue and Keith Youngflesh**