

# MONTHLY FOOD BAG MINISTRY

(Sizes are approximate)

- Vegetables 2 cans, 15 oz. each
- Fruit 2 cans, 15 oz. each
- Hearty Soups 2 cans, 18 oz. each
- Pasta Sauce 1 can, 24 oz. (Hunt's brand)
- Tuna 1 can, 12 oz.
- Chicken 1 can, 10 oz.
- Mayonnaise 1 plastic jar, 15 oz.
- Rice, dried 1 lb. bag
- Beans, dried 1 lb. bag
- Pasta 1 box, 16 oz.
- Mac N Cheese 1 box, 7 oz.
- Cereal 1 box, 16 oz.
- Instant Oatmeal 1 variety box, 12 oz.
- Peanut Butter 1 plastic container, 16 oz.
- Jelly 1 plastic container, 20 oz.
- Crackers 1 box, 16 oz.
- Cookies 1 bag, 14 oz.



## **NO GLASS CONTAINERS, NO EXPIRED FOOD, AND NO PERISHABLE FOOD. PLEASE!**

Approximately \$30 worth purchased at Walmart. Please no bulk items.

Pick up a blue Canyon View, reusable bag (with our name and contact info imprinted) to fill.

**This a MONTHLY ministry, where food bags are purchased by church members EVERY month and brought to the church building. Our goal is 20 bags each month.**

The food bags are designed for any members to pick up at church and give to families, friends and neighbors who need food for various reasons:

- Military families
- New baby in the home
- New family to your neighborhood
- Long-term illness
- Loss/lack of income

At the end of each month, the surplus bags are donated to local low-income schools, where 85% of children attending are living below the poverty level, who appreciate every bag we give them!

***Can't shop, but wish to donate? Please give your donation to Barry Day, or Sue and Keith Youngflesh.***

Thank you so much for your generosity and support of this worthy ministry!